



PRESENTING A SERIES OF FREE CONCUSSION SERVICES WORKSHOPS  
WHEN SYMPTOMS OF SINGLE AND MULTIPLE CONCUSSION PERSIST:  
AN EDUCATION AND SUPPORT WORKSHOP

These two-part workshops focus on education on concussion, including a review of current research on the short and long-term effects of single and multiple concussions. We will also review strategies that may assist in the management of persistent post-concussive symptoms, followed by a question and answer period.

**FACILITATORS:**

Dorothy Heidbuurt (Mississauga)

Or

Natasha D’Souza (Orangeville)

Psychosocial Group Leaders, Mind Forward

**TIMES, DATES & LOCATIONS**

**Mississauga**

176 Robert Speck Pkwy  
October 10 & October 17  
10:30am-12:00pm

**Orangeville**

695 Riddell Rd, Unit 3  
October 10 & October 17  
1:30pm-3:00pm

Register online at: [ConcussionServices@mindforward.org](mailto:ConcussionServices@mindforward.org) (Please specify location preference)

For more information, please contact: **Dorothy Heidbuurt • 905-949-4411 x239**

Mind Forward Concussion Services Would Not be Possible Without our Partners:

