



MIND FORWARD EDUCATIONAL AND SKILLS TRAINING WORKSHOPS



Survival Stories: The Transformation of a Life Success Stories Post ABI

SPEAKER: Anjula Evans

Please join us for some interactive fun and learning, as one of our Mind Forward clients, Anjula Evans, shares her new book: LIVING WITH AN ACQUIRED BRAIN INJURY: A COMICAL LOOK AT THE QUIRKY THINGS WE DO. Anjula will share her own personal story and provide participants with words of advice, encouragement and motivation towards discovering their new capabilities, interests and talents on the journey towards achieving their OWN 'Personal Best' post injury.

> Wednesday April 11th, 2018 7:00 pm to 8:30 pm



Mississauga-Halton (Head Office)

176 Robert Speck Pkwy, Mississauga, ON L4Z 3G1 (Recreation Room – Lower Level)

All Mind Forward Services Educational and Skills Training Workshops are open to individuals with an acquired brain injury, their family and Caregivers, Mind Forward staff, community partners/staff, and interested members of the public. The goals of these workshops are to: promote awareness, share education and information, and facilitate and encourage peer support.

All events are FREE and refreshments will be provided. Workshops will be made available to the public via phdabis.org, or by arrangement. Please contact Ruth.spencer@mindforward.org or Mariana.ljuljdjuraj@mindforward.org if you require any additional information.



PHD ABIS is funded by the Ministry of Health and Long Term Care, and the Central West and Mississauga Halton Local Health Integration Networks (LHINs).





Winner of the 2010 **OBIA** Corporate Fellowship Award



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