



## MIND FORWARD EDUCATIONAL AND SKILLS TRAINING WORKSHOPS

## It's a Party and you're invited....



## Please join us for our "Celebration of Survival Event"





**SPEAKER:** Anjula Evans

Please join us for the last workshop of the season with a funfilled, POTLUCK event at our Orangeville office! This dynamic, inspiring, and interactive workshop will leave you feeling motivated to transform your own life. Our speaker and Mind Forward client, Anjula Evans, shares her new book "LIVING WITH A BRAIN INJURY: A COMICAL LOOK AT THE QUIRKY THINGS WE DO". Anjula will also share her own personal story and provide participants with words of advice, encouragement and motivation towards discovering their new capabilities, interests and talents on the journey towards achieving their OWN 'Personal Best' post injury.

Live musical performance from Anjula as well!!!

Wednesday May 23rd, 2018
7:00 pm to 9:00 pm

**Central West Orangeville Office** 

695 Riddell Road, Orangeville, ON L9W 4Z5 (Unit #3)

All Mind Forward Services Educational and Skills Training Workshops are open to individuals with an acquired brain injury, their family and Caregivers, Mind Forward staff, community partners/staff, and interested members of the public. The goals of these workshops are to: promote awareness, share education and information, and facilitate and encourage peer support.

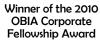
All events are FREE and refreshments will be provided. Workshops will be made available to the public via phdabis.org, or by arrangement. Please contact <a href="mailto:Ruth.spencer@mindforward.org">Ruth.spencer@mindforward.org</a> or <a href="mailto:Mariana.ljuljdjuraj@mindforward.org">Mariana.ljuljdjuraj@mindforward.org</a> if you require any additional information.



PHD ABIS is funded by the Ministry of Health and Long Term Care, and the Central West and Mississauga Halton Local Health Integration Networks (LHINs).









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